List of Acceptable Foods and Beverages

LIST 11 FRUITS AND VEGETABLES

Foods are evaluated for compliance with the Connecticut Nutrition Standards (CNS) based on the amount **as served** including any **added accompaniments** such as butter, margarine, oil, sugar, salad dressings, dips, ketchup and mustard, e.g., carrots with dip, salad with low-fat dressing, French fries with ketchup and vegetables cooked with oil. The Connecticut State Department of Education (CSDE) encourages schools to review the nutrient content of allowable products, and select the most nutrient-rich products that also meet the "Better Choice "recommendations (see green and white columns on right). The CSDE strongly encourages schools to offer a la carte food choices that include a variety of minimally processed and naturally nutrient-rich whole foods such as fruits, vegetables, whole grains, low-fat or nonfat dairy, lean meats and legumes.

Product formulations and packaging can change. The nutrition information below is based on the package label or manufacturer information supplied at the time of product review. If this information does not match the product label, please submit the product's nutrition information to the CSDE. For more information, see Submitting Food and Beverage Products for Approval (www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/SubmitProduct.pdf).

The CSDE's List of Acceptable Foods and Beverages is updated regularly and is subject to change. To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. For contact information for listed vendors, see Contact Information for Vendors (www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/VendorContact.pdf).

NOTE: The approval below is only for the fruit/vegetable product as listed. If the fruit/vegetable is sold a la carte combined with any other food item (e.g., butter, margarine, oil, sugar, salad dressings, dips, ketchup and mustard) the nutrition information for that food item must be added to the nutrition information for the entree item to determine if the complete entree item as sold still complete entree.

									FF	RUITS	AND VE	SETABL	.ES											
	ND VEGETABLE	•		ingredients exc added fats (inc sugar for proce General	EMPTIONS: The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits redients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or led fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except are for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column. Peneral ndards Nutrient Standards No artificial sweeteners, nonnutritive as weeteners, nonnutritive as														whole fruits or vegetable pied	S TO SUGAR STANDARDS vegetables, dried whole fru ces and dehydrated fruits or	uit or	RECOI	TER CHO MMENDA se produc meet all mmendat	ATIONS ets that
and dried	resti, irozeti, ca	imeu		1) Whole Grain-	Nutrient Standards Nutrient Standards Nutrient Standards Nutrient Standards Nutrient Standards Nutrient Standards No partially hydrogenated calories															without added sweetener eners, nonnutritive sweeter s).		s or colors	corn syrup	of fiber
Manufacturer	Food Item	Standards 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) Standard A Calories Calories Saturated Fat Saturated Fat Saturated Standard Sodium Total No artificial sweeteners, nonnutritive sweeteners or sugar alcohols No chemically hydrogenated oils Standard No chemically sweeteners or sugar alcohols Standard Standard Standard Sodium Total Sugars Standard Standard														Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose c	At least 2.5 grams	
Azar Nut Company	Power Raisins, 1.3 oz	1.3 oz	37	FG	Sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column. Calories Standards Standards Standards											yes	InFusion Sales Group	Item 7225510. 100% fruit.	8/23/13	X	X			
	Barefruit Crunchy Cinnamon Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00193-8; Case UPC 100-13971- 00193-5. 100% fruit, no added ingredients.	7/30/15	X	x	
	Barefruit Crunchy Fuji Red Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00192-1; Case UPC 100-13971- 00192-8. 100% fruit, no added ingredients.	7/30/15	X	X	

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LIST 11 FRUITS AND VEGETABLES

					Sich (WGR) Food; Pood Groups (Sp.) Food Groups (
				ingredients exc added fats (inc	cept water o	r that are	e packed in 1 tered fat subs	00 percent jui stitutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added ir	all without	added art except wa	ificial sweeter or that	eteners, nor contain no	nutritive sweeter	ers or sugar ald	ohols and no	EXEMPTIONS	TO SUGAR STANDARDS	3: Dried	RECO! Choos	TTER CHO	TIONS
	ND VEGETABLE fresh, frozen, ca	•									Nutrie	nt Standa	ards						vegetable piec	vegetables, dried whole fru es and dehydrated fruits or without added sweeteners		recor	mmendatio	ons.
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)					total	<0.5 g	hydrogenated	≤230 mg	No chemically altered fat substitutes	No caffeine		eners, nonnutritive sweeten		s or colors	corn syrup	of fiber				
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)			from Saturated				Fiber (g)			Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose c	At least 2.5 grams
Bare Foods Co.	Barefruit Crunchy Granny Smith Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00191-4; Case UPC 100-13971- 00192-8. 100% fruit, no added ingredients.	7/30/15	×	x	
Boghosian	Raisins, 1.5 oz	1.5 oz	43	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	2	29	68.2%	yes	yes	yes	Thurston	Item 5318, UPC 106- 84476-02939-9. 100% dried fruit, no added sugars.	8/1/13	X	x	
Bolthouse Farms	Baby Carrots, 2 oz bag	3 oz	85	FG	25	0.0	0.0%	0.0	0.0%	0	yes	30	2	4	4.7%	yes	yes	yes	FreshPoint	Code 150S38. No UPC Code.	8/26/13	Х	X	
Brother's International Food Corporation	Brother's All Natural Asian Pear Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	35	0.0	0.0%	0.0	0.0%	0	yes	0	1	7	70.5%	yes	yes	yes		UPC 8-11387-00085-2; 24 count case UPC 8- 11387-00039-5; 100 count case UPC 8- 11387-00036-4; 200 count case UPC 8- 11387-00037-1. 100% dried fruit, no added sugars.	8/9/13	X	X	

LIST 11 FRUITS AND VEGETABLES

									FI	RUITS	AND VE	SETABL	.ES											
	ND VEGETABLE fresh, frozen, ca	•		ingredients exc	cept water o luding chen	or that are nically alt	e packed in 1 tered fat subs	00 percent jui	ce, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	cept water; canne nnutritive sweete added ingredient	ners or sugar ald	ohols and no	whole fruits or vegetable pied	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or	RECO Choos reco	TER CHO MMENDA se product meet all mmendati	TIONS ts that
and dried	, , , , , , , , , , , , , , , , , , ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		I without added sweetener eners, nonnutritive sweeter s).		or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of
Brother's International Food Corporation	Brother's All Natural Fuji Apple Cinnamon Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	40	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-01470-8; 24 count case UPC 8- 11387-01479-1; 100 count case UPC 8- 11387-01446-3; 200 count case UPC 8- 11387-01447-0. 100% dried fruit, no added sugars.	8/9/13	X	x	
Brother's International Food Corporation	Brother's All Natural Fuji Apple Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	40	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-00048-7; 24 count case UPC 8- 11387-00017-3; 100 count case UPC 8- 11387-00034-0; 200 count case UPC 8- 11387-00035-7. 100% dried fruit, no added sugars.	8/9/13	X	X	
Brother's International Food Corporation	Brother's All Natural Mandarin Orange Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	38	0.0	0.0%	0.0	0.0%	0	yes	0	1	6	60.5%	yes	yes	yes		UPC 8-11387-00089-3; 24 count case UPC 8- 11387-01391-6; 100 count case UPC 8- 11387-01392-3; 200 count case UPC 8- 11387-01393-0. 100% dried fruit, no added sugars.	8/9/13	X	X	

									FF	RUITS	AND VEG	ETABL	.ES											
	ID VEGETABLE	•		ingredients exc	cept water o	or that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no a	ept water; canne inutritive sweeter added ingredient	ners or sugar ald	ohols and no	EXEMPTIONS whole fruits or vegetable piece	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or r	RECO	TER CHO MMENDA se product meet all mmendati	TIONS ts that
and dried	. , ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		l without added sweetener eners, nonnutritive sweeter s).		rs or colors	corn syrup	is of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavo	No high fructose corn syrup	At least 2.5 grams
Brother's International Food Corporation	Brother's All Natural Peach Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	30	0.0	0.0%	0.0	0.0%	0	yes	0	1	4	40.3%	yes	yes	yes		UPC 8-11387-00029-6; 24 count case UPC 8- 11387-01004-5; 100 count case UPC 8- 11387-01006-8; 200 count case UPC 8- 11387-01007-5. 100% dried fruit, no added sugars.	8/9/13	X	X	
Brother's International Food Corporation	Brother's All Natural Strawberry & Banana Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	45	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-00049-4; 24 count case UPC 8- 11387-00014-2; 100 count case UPC 8- 11387-00032-6; 200 count case UPC 8- 11387-00033-3. 100% dried fruit, no added sugars.	8/9/13	X	X	
Calavo Growers, Inc	Avocado Halves, 2 oz	2 oz	57	FG	100	10.0	90.0%	0.5	4.5%	0	yes	0	2	0	0.0%	yes	yes	yes	FreshPoint	UPC 000-70740-60587- 2. 100% vegetable (no added fat).	8/26/13	Х	X	
Cavendish	County Fair Shoestring French Fries, 1/2 cup	1.8 oz	51	FG	78	2.4	27.7%	0.3	3.5%	0	yes	21	1.2	0	0.0%	yes	yes	yes	M&R	Case UPC 100-56210- 10011-2. Approval is for BAKED product only.	8/5/13	Х	X	

									Fi	RUITS	AND VE	ETABL	.ES											
	ND VEGETABLE fresh, frozen, ca	•		ingredients exc	cept water o	or that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables w	or light syrup, ith no added in ole. These food	all without gredients	added arti except wat tified in the	ficial sweeter or that	eteners, no contain no	cept water; canne nnutritive sweeter added ingredient	ners or sugar ald	ohols and no	EXEMPTION: whole fruits or vegetable pie	S TO SUGAR STANDARDS r vegetables, dried whole fro ces and dehydrated fruits o	uit or r	RECO Choos reco	TER CHC MMENDA se produc meet all mmendat	ATIONS cts that
and dried	,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).	,	or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Cavendish	Scotch Maid Oven Crinkle Cut, 1/2 cup	1.98 oz	56	FG	79.059	1.976	22.5%	0.329	3.7%	0	yes	29.647	1.318	0	0.0%	yes	yes	yes	M&R	Case UPC 100-56210- 33009-9. Approval is for BAKED product only.	8/5/13	Х	Х	
Cavendish	Scotch Maid Thin Straight Cut French Fries, 1/2 cup	2.22 oz	63	FG	90	2.2	22.2%	0.0	0.0%	0	yes	25.941	1.482	0	0.0%	yes	yes	yes	M&R	Case UPC 0-56210- 33001; Case UPC 100- 56210-33001-4. Approval is for BAKED product only.	8/5/13	x	x	
Cavendish	Sweet Cut 1/2' x 1/4" Slim Steak Cut Sweet Potato French Fries, 1/2 cup	2.29 oz	65	FG	90	3.00	30.0%	0.5	5.0%	0	yes	210	2	6	9.3%	yes	yes	yes	M&R	Case UPC 100-56210- 20811-5. Approval is for BAKED product only. (approximately 14 pieces).	8/5/13	X	x	
Dole	Dole Fruit Bowls, Diced Peaches in 100% Juice, 4 oz	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	5	<1	17	15.0%	yes	yes	yes	Superior Vending	Case UPC 100-38900- 03073-2. 100% fruit, no added sugars.	7/26/13	X	x	
Dole	Dole Fruit Bowls, Diced Pears in 100% Juice, 4 oz	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	10	<1	17	15.0%	yes	yes	yes	Superior Vending	Case UPC 100-38900- 03019-0. 100% fruit, no added sugars.	7/26/13	Х	Х	
Dole	Dole Fruit Bowls, Mandarin Oranges in 100 percent juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	10	<1	19	16.8%	yes	yes	yes	Berkshire, Vistar	Item 4226; Case UPC 0 38900-04226-4; Case UPC 100-38900-04226- 1. 100% fruit, no added sugars.	7/26/13	Х	Х	

									Fi	RUITS	AND VE	ETABL	.ES											
	ID VEGETABLE resh, frozen, ca	•		ingredients exc	cept water o luding chen	r that are	e packed in 10 ered fat subs	00 percent juititutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne inutritive sweeter added ingredient	ners or sugar ald	ohols and no	EXEMPTIONS whole fruits or vegetable piece	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or r	RECOI	TER CHO MMENDAT e product meet all nmendati	TIONS ts that
and dried	, ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).	,	s or colors	oorn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard) Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose corn syrup	At least 2.5 grams of fiber
Dole	Dole Fruit Bowls, Mandarin Oranges in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	15	<1	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4906; UPC 0- 38900-74206-5; Case 100-38900-74206-2. 100% fruit, no added sugars.	7/26/13	X	X	
Dole	Dole Fruit Bowls, Mixed Fruit in 100% Juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	5	1	19	16.8%	yes	yes	yes	Berkshire, Vistar	Item 3044; Case UPC 100-38900-03065-7. 100% fruit, no added sugars.	7/26/13	Х	Х	
Dole	Dole Fruit Bowls, Mixed Fruit in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	1	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4924; UPC 0- 38900-71924-1; Case UPC 100-38900-71924- 8.100% fruit, no added sugars.	7/26/13	X	X	
Dole	Dole Fruit Bowls, Pineapple Tidbits in 100% Juice, 4 oz	4 oz	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	15	1	14	12.3%	yes	yes	yes	Superior Vending	Case UPC 100-38900- 00419-1. 100% fruit, no added sugars.	7/26/13	X	X	
Dole	Dole Fruit Bowls, Red Grapefruit Sunrise in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	5	2	28	14.1%	yes	yes	yes	Berkshire, Vistar	Item 01941; UPC 0- 38900-71941-8; Case UPC 100-38900-71941- 5. 100% fruit, no added sugars.	7/26/13	X	Х	
Dole	Dole Fruit Bowls, Sliced Peaches in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	2	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4966; UPC 0- 38900-71966-1; Case UPC 100-38900-71966- 8. 100% fruit, no added sugars.	7/26/13	х	х	
Dole	Dole Fruit Bowls, Tropical Fruit in 100% Juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	10	1	13	11.5%	yes	yes	yes	Superior Vending	Case UPC 38900- 03048; Case UPC 100- 38900-03065-7. No added sugars.	7/26/13	X	X	

LIST 11 FRUITS AND VEGETABLES

									FI	RUITS	AND VEG	ETABL	.ES											
	ND VEGETABLE iresh, frozen, ca			ingredients exc	cept water o	or that are nically alt	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ble. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	cept water; canne nnutritive sweeter added ingredient	ners or sugar ald	ohols and no	EXEMPTION: whole fruits or vegetable pie	S TO SUGAR STANDARDS r vegetables, dried whole fru ces and dehydrated fruits or Il without added sweetener	it or	RECOI Choos	TER CHO MMENDA [*] e product meet all mmendati	TIONS ts that
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	,	teners, nonnutritive sweeter	,	s or colors	orn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard) Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of
Dole	Dole Fruit Bowls, Tropical Fruit in 100% Juice, 7 oz	7 oz	198	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	25	12.6%	yes	yes	yes	Berkshire, Vistar	Item 9073; UPC 0- 38900-79088-2; Case UPC 100-38900-79088- 9. 100% fruit, no added sugars.	7/26/13	Х	Х	
Dole	Squishems, Apple Mixed Berry, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	13	14.3%	yes	yes	yes		Code 3183; Case UPC 100-38900-03195-1	3/7/14	Х	Х	
Dole	Squishems, Apple Strawberry, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	15	1	13	14.3%	yes	yes	yes		Code 3182; Case UPC 100-38900-03188-3	3/7/14	Х	Х	
Dole	Squishems, Apple, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	13	14.3%	yes	yes	yes		Code 3181; Case UPC 100-38900-03187-6	3/7/14	X	X	
Frito Lay	Snapz Cinnamon Apple Crisps, 0.46 oz	0.46 oz	13	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	2	9	69.0%	yes	yes	yes	HPC, PFG, Sysco CT, Thurston	UPC 8-96912-00143-9; Case UPC 089-69120- 01439-2. 100% dried fruit, no added sugars.	7/25/13	×	×	
Hidden	Tongue Twister Raisins. Peach, 1.3	0.10 02	10	. 0	30	3.0	0.070	0.0	0.070	ŭ	,,,,,	J		Ü	00.070	, co	,00	,03	THOROUGH	Code 77706i; UPC 008 53876-00403-6. 100% dried fruit, no added	7720110	,	^	
Healthies	0Z	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	sugars.	7/26/13	Χ	Χ	

									FF	RUITS	AND VEC	SETABL	.ES											
	ND VEGETABLE iresh, frozen, ca	•		ingredients exc	cept water o	r that are	e packed in 1 tered fat subs	00 percent jui	ce, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in le. These food	all without	added art except wat tified in the	ificial sweet ter or that	eteners, nor contain no	ept water; canne nnutritive sweete added ingredient	ners or sugar ald	cohols and no	whole fruits o vegetable pie	S TO SUGAR STANDARDS r vegetables, dried whole fru ices and dehydrated fruits or	it or	RECO	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
and dried	10311, 1102011, 60	illieu		1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter ls).	,	rs or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavo	No high fructose	At least 2.5 gram
Hidden Healthies	Tongue Twister Raisins, Strawberry, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77705i; UPC 008- 53876-00402-9. 100% dried fruit, no added sugars.	7/26/13	X	X	
Hidden Healthies	Tongue Twister Raisins, Super Sour Lemon, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77701i; UPC 008- 53876-00400-5. 100% dried fruit, no added sugars.	7/26/13	X	X	
Hidden Healthies	Tongue Twister Raisins, Super Sour Pineapple, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77702i; UPC 008 53876-00401-2. 100% dried fruit, no added sugars.	7/26/13	X	X	
Kar's	Raisins, 1 oz	1 oz	28	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	17	60.0%	yes	yes	yes	Vistar	Item 8976; UPC 0- 77034-08976-9; 100- 77034-08976-6. 100% dried fruit, no added sugars.	9/4/13	×	X	
Lion Raisins	Raisins, box. 1.5 oz	1.5 oz	43	FG	130	0.0	0.0%	0	0.0%	0	,	0	2	29	68.2%				Thurston	UPC 0-76161-00101-9. 100% fruit, no added		X	X	
Lion Raisins McCain	Crispy Bakeable Seasoned 8-cut Wedge Fries, 2.88 oz (1/2 cup)	1.5 oz 2.88 oz	82	FG	130	4.0	30.0%	0.5	3.8%	0	yes	140	2	0	0.0%	yes yes	yes yes	yes yes	HPC, M&R,	ingredients. d., Code 19000000496. Approval is for BAKED product only.	3/12/14	X	X	

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	ID VEGETABLE resh, frozen, ca	•		ingredients exc	cept water o luding chem	r that are	e packed in 1 tered fat subs	00 percent jui titutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients	added arti except wat tified in the	ficial sweeter or that	eteners, noi contain no	cept water; canne nnutritive sweete added ingredient	ners or sugar ald	ohols and no	EXEMPTIONS whole fruits or vegetable piece	S TO SUGAR STANDARDS vegetables, dried whole fru ces and dehydrated fruits or	iit or	RECOI Choos	TER CHO MMENDAT e product meet all mmendati	TIONS ts that
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		I without added sweeteners eners, nonnutritive sweeter s).	,	s or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose o	At least 2.5 grams
McCain	Crispy Seasoned Bakebable Fries, 2.38 oz (1/2 cup)	2.38 oz	67	FG	120	4.0	30.0%	0.5	3.8%	0	yes	135	2	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCX04717; Case ,UPC 100-72714-04717- 3. Approval is for BAKED product only.	6/12/13	X	X	
McCain	Deli Roasters Potatoes, 3.4 oz (1/2 cup)	3.14 oz	89	FG	140	3.5	22.5%	0.5	3.2%	0	yes	160	2	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF03927; Case UPC 100-72714- 83927-3. Approval is for BAKED product only.	8/5/13	X	X	
McCain	Farmer's Kicthen Roasted Potato Wedges, 8-cut, 2.69 oz (1/2 cup)	2.69 oz	76	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	1	<1	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	, Code 1000000487. Approval is for BAKED product only.	3/12/14	X	X	
McCain	Farmer's Kitchen Chopped Roasted Redskin Potato Halves with Rosemary & Garlic, 3.14 oz	3.14 oz	89	FG	100	2.0	18.0%	0.0	0.0%	0	yes	150	2	2	2.2%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF04851; Case , UPC 100-72714-04851 4. Approval is for BAKED product only.	8/5/13	X	X	
McCain	Farmer's Kitchen Roasted Redskin Potato Halves with Rosemary & Garlic, 3.14 oz	3.14 oz	89	FG	100	2.0	18.0%	0.0	0.0%	0	yes	180	2	2	2.2%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF04812; Case UPC 100-72714-04812- 5. Approval is for BAKED product only.	8/5/13	Х	Х	
McCain	French Fries, 3/8"Straight Cut, 2.29 oz	2.29 oz	65	FG	80	2.5	28.1%	0.0	0.0%	0	yes	20	1	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	UPC 100-72714-24040- 6. Approval is for BAKED product only. , 1/2 cup serving is 3.4 oz frozen, which equals 2.8 oz baked.	8/5/13	X	X	

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	ND VEGETABLE fresh, frozen, ca	•		ingredients exc	cept water o	r that an	e packed in 1 tered fat subs	00 percent ju stitutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in lle. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredients	ners or sugar ald	cohols and no	EXEMPTIONS whole fruits or	S TO SUGAR STANDARDS vegetables, dried whole fru tes and dehydrated fruits or	it or	RECO	TTER CHO MMENDA se produc meet all mmenda	ATIONS cts that
and dried	iresii, irozeii, ca	imeu		1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		without added sweeteners eners, nonnutritive sweeten s).		s or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose corn syrup	At least 2.5 gram
McCain	French Fries, Ovations 3/8" Crinkle Cut Reduced Sodium, 2.11 oz (1/2 cup)	2.11 oz	60	FG	110	4.0	32.7%	0.5	4.1%	0	yes	125	1	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF03761; Case UPC 100-72714-93761- 0. Approval is for BAKED product only.	8/5/13	×	Х	
McCain	Harvest Splendor Maxi Cuts, 2.49 oz (1/2 cup)	2.49 oz	71	FG	110	3.5	28.6%	0.5	4.1%	0	yes	160	2	7	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF04965; Case UPC 100-72714-04965- 8. Approval is for BAKED product only.	8/5/13	×	×	
McCain	Harvest Splendor Regular Stix (Sweet Potato), 2.44 oz (1/2 cup)	2.44 oz	69	FG	90	3.0	30.0%	0.0	0.0%	0	yes	140	2	6	8.7%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF03725; Case UPC 100-72714-93725- 2. Approval is for BAKED product only.	8/5/13	×	×	Х
McCain	Harvest Splendor Ridge Cut Wedges, 2.88 oz (1/2 cup)	2.88 oz	82	FG	120	4.0	30.0%	1.0	7.5%	0	yes	140	2	7	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF04712; Case UPC 100-72714-04712- 8. Approval is for BAKED product only.	6/12/13	×	X	
McCain	Harvest Splendor Slim Stix (Sweet Potato), 2.45 oz (1/2 cup)	2.45 oz	69	FG	140	5.0	32.1%	1.0	6.4%	0	yes	160	2	8	11.5%	yes	yes	yes		Code MCF05004; Case UPC 100-72714-05004- 3. Approval is for BAKED product only.	8/5/13	Х	Х	

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	ND VEGETABLE fresh, frozen, ca	,		ingredients exc	cept water o luding chem	r that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ble. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	eept water; canne nutritive sweeter added ingredient	ners or sugar alc	ohols and no	EXEMPTIONS whole fruits or vegetable piece	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits or	iit or	RECO! Choos	TER CHC MMENDA se produc meet all mmendat	ATIONS cts that
and dried	, ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).		s or colors	corn syrup	ns of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose	At least 2.5 gram
McCain	Harvest Splendor Sweet Potato Bites, 2.67 oz (1/2 cup)	2.67 oz	76	FG	120	4.0	30.0%	0.5	3.8%	0	yes	100	3	10	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF05034; UPC, 100-72714-05034-0. Approval is for BAKED product only.	8/5/13	×	X	X
McCain	Harvest Splendor Sweet Potato Chopped Wedges, 3.02 oz (1/2 cup)	3.02 oz	86	FG	90	2.0	20.0%	0.0	0.0%	0	yes	40	3	9	10.5%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	, Code 1900000686. Approval is for BAKED product only.	3/12/14	x	×	
McCain	Harvest Splendor Sweet Potato Cross Trax Cut Fries, 2.11 oz (1/2 cup)	2.11 oz	60	FG	90	3.0	30.0%	0.5	5.0%	0	yes	150	2	4	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF05074. Case , UPC 100-72714-05074- 6. Approval is for BAKED product only.	3/12/14	×	×	
McCain	Harvest Splendor Sweet Potato CrossTrax Cut Fries, 3.02 oz (1/2 cup)	3.02 oz	86	FG	90	2.0	20.0%	0.0	0.0%	0	yes	40	3	9	10.5%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	, Code MCF05074. Approval is for BAKED product only.	3/12/14	X	X	
McCain	Harvest Splendor Thin Stix (Sweet Potato Fries), 2.44 (1/2 cup)	2.44 oz	69	FG	110	4.0	32.7%	0.5	4.1%	0	yes	140	3	6	8.7%	yes	yes	yes	HPC, M&R, PFG Springfield Sysco CT, Thurston	Code MCF03731; Case , UPC 100-72714-93731- 3. Approval is for BAKED product only.	8/5/13	Х	Х	х

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	ID VEGETABLE	•		ingredients exc added fats (inc sugar for proce General	Nutrient Standards Vhole Grain- h (WGR) Food; Good Groups Good G													ohols and no	EXEMPTIONS whole fruits or	TO SUGAR STANDARDS vegetables, dried whole fruites and dehydrated fruits or	it or	RECO! Choos	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
including f and dried	resh, frozen, ca	nned		1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	EMPTIONS: The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or ead fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except after or that contain no added ingredients except water or that contain no added ingredients except are for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column. **Nutrient Standard** **Nutrient Standard** **Standard** **Standard** **Standard** **Calories** **Standard** **Calories** **Fat (g) **Calories** **Fat (g) **Calories** **Standard** **Calories** **Fat (g) **Total (vegetables, all	without added sweetener eners, nonnutritive sweeter	s (including	s or colors	orn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)			from Saturated				Fiber (g)			Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of f
McCain	Ore-Ida Potato Skins, 2.25 pieces, 2.88 oz (1/2 cup)	2.88 oz	82	FG	90	0.0	0.0%	0.0	0.0%	0	yes	0	3	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCX03602; UPC 100-72714-03602-3. Approval is for BAKED product only.	8/5/13	x	x	
McCain	Ore-Ida Potato Skins, Large, 1.25 pieces, 2.88 oz (1/2 cup)	2.88 oz	82	FG	90	0.0	0.0%	0.0	0.0%	0	yes	0	3	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Product Code MCX03601; UPC 000- 72714-93601-2. Approval is for BAKED product only.	8/5/13	×	X	
McCain	Ore-Ida Reduced Sodium Tater Tots Shaped Potatoes,1/2 Cup, 2.52 oz	2.52 oz	71	FG	90	3.5	35.0%	0	0.0%	0	yes	160	1	<1	0.0%	yes	yes	yes	HPC, M&R, Thurston	Code 1000002789	6/26/15	x	X	
McCain	Ore-Ida Scratch Plus Natural Mashed Potatoes, 4.34 oz	4.34 oz	123	FG	80	1.0	11.3%	0.5	5.6%	0	yes	30	2	1	0.8%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code OIF00714; Case UPC 000-72714-00714- 9	8/5/13	X	X	
Mr. Nature	Raisins, 1 oz	1 oz	28	FG	90	0	0.0%	0	0.0%	0	yes	7	2	20	70.5%	yes	yes	yes	Food For Thought Brokerage	UPC 0-76217-50200-2	11/10/14	X	X	

									FF	RUITS	AND VE	SETABL	.ES											
	ND VEGETABLE iresh, frozen, ca	•		ingredients exc	cept water o luding chem	r that are	e packed in 10 ered fat subs	00 percent jui titutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredients	ners or sugar ald	ohols and no	EXEMPTIONS whole fruits or vegetable piec	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or r	RECOI Choos	TER CHC MMENDA e produc meet all mmendat	ATIONS cts that
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	,	I without added sweetener eners, nonnutritive sweeter s).	`	s or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of f
Musselman's	Squeezables, Honey Cinnamon Applesauce, Applesauce On-the- Run, 3.17 oz pouch	3.17 oz	90	FG	70	0	0.0%	0.0	0.0%	0	yes	0	1	15	16.7%	yes	yes	yes	Sysco, Thurston	Bulk Pack UPC 0- 03732-31178-0; Bulk Pack Case UPC 000- 37323-11780-1; Bulk Pack Case UPC 100- 37323-11780-8	3/24/15	X	X	
Musselman's	Squeezables, Strawberry Applesauce, Applesauce On-the- Run, 3.17 oz pouch	3.17 oz	90	FG	60	0	0.0%	0.0	0.0%	0	yes	0	1	15	16.7%	yes	yes	yes	Sysco, Thurstor	Bulk Pack UPC 0- 03732-31178-2; Bulk Pack Case UPC 000- 37323-11782-5; Bulk Pack Case UPC 100- 137323-11782-2	3/24/15	Х	X	
Musselman's	Squeezables, Unsweetened Applesauce, Applesauce On-the- Run, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	1	8	8.9%	yes	yes	yes	Sysco, Thurstor	Bulk Pack UPC 0- 03732-31178-1; Bulk Pack Case UPC 000- 37323-11781-8; Bulk Pack Case UPC 100- 37323-11781-5	3/24/15	Х	X	
National Food Group, Inc.	Applesauce, Cherry, Unsweetened, 4.5 oz	4.5 oz	128	FG	50	0	0.0%	0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 600995	10/2/14	X	Х	
National Food Group, Inc.	Applesauce, Cinnamon, All Natural, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	0	11	8.6%	yes	yes	yes	National Food Group, Inc.	Item Code 92270. USDA Commodity Code 1410-282A.	726/2013	X	X	

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	ID VEGETABLE resh, frozen, ca			ingredients exc	cept water of	r that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in lle. These food	all without gredients o	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredient	ners or sugar alc	ohols and no	whole fruits or vegetable pied	S TO SUGAR STANDARDS vegetables, dried whole fruites and dehydrated fruits of	uit or r	RECO Choos	TER CHC MMENDA se produc meet all mmendat	TIONS ets that
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		eners, nonnutritive sweeter		s or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of
National Food Group, Inc.	Applesauce, Cinnamon, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item Code A82510; Commodity Code A1410-282A. No added sugars.	7/26/13	x	x	
National Food Group, Inc.	Applesauce, Peach, Unsweetened, 4.5 oz	4.5 oz	128	FG	50	0	0.0%	0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 600994	10/2/14	X	X	
National Food Group, Inc.	Applesauce, Plain Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 87120; Commodity Code A1500-282A. No added sugars.	7/26/13	X	Х	
National Food Group, Inc.	Applesauce, Strawberry Banana, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item Code A82500; Commodity Code A3700-235A. No added sugars.	7/26/13	Х	х	
National Food Group, Inc.	Applesauce, Strawberry, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item Code A82520; Commodity Code A1410-235A. No added sugars.	7/26/13	Х	X	
National Food Group, Inc.	Diced Mixed Fruit Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	25	1	16	14.1%	yes	yes	yes	National Food Group, Inc.	Item Code 87240; Commodity Code A1765. No added sugars.	7/30/13	X	X	

									FF	RUITS	AND VEC	SETABL	.ES											
FRUITS AN	ID VEGETABLE	S,		ingredients exc	cept water o	r that are nically alt	e packed in 1 tered fat subs	00 percent jui	ce, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in le. These food	all without	added arti except wat tified in the	ficial sweeter or that	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredient	ners or sugar ald	ohols and no	whole fruits or	S TO SUGAR STANDARDS vegetables, dried whole fru	iit or	RECO	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
including f and dried	resh, frozen, ca	nned		Standards 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables, al	ces and dehydrated fruits or I without added sweetener teners, nonnutritive sweeter (s).	s (including	or colors	oorn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose c	At least 2.5 grams
National Food Group, Inc.	Diced Peach Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	15	2	14	12.3%	yes	yes	yes	National Food Group, Inc.	Item Code 87260; Commodity Code A1740. No added sugars.	7/30/13	х	Х	
National Food Group, Inc.	Diced Pear Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	10	2	14	12.3%	yes	yes	yes	National Food Group, Inc.	Item Code 87250; Commodity Code A1780. No added sugars.	7/30/13	Х	Х	
National Food Group, Inc.	Get Vertical Pearsauce, 4.5 oz cup	4 oz	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	15	2	19	16.8%	yes	yes	yes	National Food Group, Inc.	Item Code A89300; Commodity Code 4000- 395H. No added sugars.	7/26/13	Х	X	
National Food Group, Inc.	Hummus Cup, Original Flavor, 3 oz	3 oz	85	FG	120	3.5	26.3%	0	0.0%	0	yes	90	5	3	3.5%	yes	yes	yes	National Food Group, Inc.	Item 600355	10/2/14	X	X	Х
National Food Group, Inc.	Hummus Cup, Red Pepper, 3 oz	3 oz	85	FG	120	3	22.5%	0	0.0%	0	yes	60	3	3	3.5%	yes	yes	yes	National Food Group, Inc.	Item 602989	10/2/14	X	X	X
Norpac	Golden Delicious Apples, IQF Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36945 (40 lb case). Approval is 1/2 cup serving only.	6/25/13	X	X	
Norpac	Golden Delicious Apples, Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36932 (30 lb case). Approval is 1/2 cup serving only.	6/25/13	х	X	

									FI	RUITS	AND VE	ETABL	.ES											
	ND VEGETABLE fresh, frozen, ca	•		ingredients exc	cept water o	r that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in ble. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne nutritive sweeter added ingredient	ners or sugar ald	ohols and no	whole fruits or vegetable pied	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or	RECO! Choos	TER CHO MMENDA se produc meet all mmendati	TIONS ets that
and dried	, ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		I without added sweetener eners, nonnutritive sweeter s).	, ,	s or colors	orn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of fiber
Norpac	Granny Smith Apples, IQF Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36938 (30 lb case). Approval is 1/2 cup serving only.	6/25/13	X	X	
Norpac	Granny Smith Apples, Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36975 (40 lb case). Approval is 1/2 cup serving only.	6/25/13	X	X	
NU-Health International LLC	Nu-Health Fruit Mandarin Oranges, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	150	0	0.0%	0	0.0%	0	yes	0	1	27	8.1%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18135-5; Case UPC 0-92145- 18157-7. 100% fruit, no added ingredients.	5/28/14	Х	X	
NU-Health International LLC	Nu-Health Fruit Mango Pineapple Apple, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18147-8; Case UPC 0-92145- 18145-4. 100% fruit, no added ingredients.	5/28/14	X	X	
NU-Health International LLC	Nu-Health Fruit Peach Pineapple Pear, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18139-3; Case UPC 0-92145- 18156-0. 100% fruit, no added ingredients.	5/28/14	Х	X	
NU-Health International LLC	Nu-Health Fruit Peaches, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	150	0	0.0%	0	0.0%	0	yes	0	1	27	8.1%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18137-9; Case UPC 0-92145- 18159-1. 100% fruit, no added ingredients.	5/28/14	х	Х	

									FF	RUITS	AND VE	SETABL	.ES											
FRUITS AI	ND VEGETABLE	S,		ingredients exc	cept water o	r that are	e packed in 10 ered fat subs	00 percent jui	ce, extra ligi anned veget	ht syrup tables wi	or light syrup, th no added in le. These food	all without gredients e	added art except wat tified in the	ficial sweeter or that	eteners, nor contain no a	ept water; canne nutritive sweeter added ingredients	ners or sugar ald	ohols and no	whole fruits or	S TO SUGAR STANDARDS r vegetables, dried whole fru	it or	RECO	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
including t	resh, frozen, ca	nned		Standards 1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables, al	ces and dehydrated fruits or Il without added sweetener teners, nonnutritive sweeter s).	s (including	s or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose	At least 2.5 grams
NU-Health International LLC	Nu-Health Fruit Pineapple Mandarin Apple, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18138-6; Case UPC 0-92145- 18155-3. 100% fruit, no added ingredients.	5/28/14	X	Х	
NU-Health International LLC	Nu-Health Fruit Pineapple, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18136-2; Case UPC 0-92145- 18158-4. 100% fruit, no added ingredients.	5/28/14	X	x	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Blueberry Blitz, 3.17 oz	3.17 oz	90	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00166-5; Case UPC UPC 008- 46675-00185-6. 100% fruit.	8/9/13	X	x	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Beetbox Berry, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00167-2; Case UPC UPC 008- 46675-00184-9. 100% fruit.	8/9/13	Х	Х	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Carroty Chop, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00167-2; Case UPC UPC 008- 46675-00186-3. 100% fruit.	8/9/13	X	Х	

									FF	RUITS	AND VE	ETABL	.ES											
	ID VEGETABLE resh, frozen, ca	•		ingredients exc	cept water of cluding chen	r that are	e packed in 10 ered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ole. These food	all without gredients e	added arti except wat tified in the	ficial sweeter or that	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredient	ners or sugar alc	ohols and no	EXEMPTIONS whole fruits or vegetable piece	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits or	uit or	RECO	TER CHO MMENDA e product meet all mmendati	TIONS ts that
and dried	,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).		s or colors	corn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard) Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavoก	No high fructose corn syrup	At least 2.5 grams of fiber
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Berry, 3.17 oz	3.17 oz	90	FG	70	0.0	0.0%	0.0	0.0%	0	yes	5	2	10	11.1%	yes	yes	yes	UNFI	UPC 8-46675-00180-1; Case UPC UPC 008- 46675-00188-7. 100% fruit.	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Strawberry Banana, 3.17 oz	3.17 oz	90	FG	80	0.0	0.0%	0.0	0.0%	0	yes	5	1	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00182-5; Case UPC UPC 008- 46675-00190-0. 100% fruit.	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Tropical, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	12	13.4%	yes	yes	yes	UNFI	UPC 8-46675-00165-8; Case UPC UPC 008- 46675-00186-3. 100% fruit .	8/9/13	X	x	
Robert's Precut Vegetables, Inc.	Apple Slices, 2 oz	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	1	1.4	5.9	10.4%	yes	yes	yes	Freshpoint	Code 78531; Case UPC 680-31317-85310- 5. 100% fruit.	8/28/13	X	x	
Robert's Precut Vegetables, Inc.	Baby Carrots, 2 oz	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 33865; Case UPC 680-31315-38650- 5. 100% vegetable	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Blueberries, 2 oz	2 oz	57	FG	32	0.20	5.6%	0.0	0.0%	0	yes	1	1.4	5.6	9.9%	yes	yes	yes	Freshpoint	Code 78717; Case UPC 680-31317-87170- 5. 100% fruit.	9/4/13	X	X	
	Broccoli Florets and Baby Carrots, 2 oz	2 oz	57	FG	19	0.20	9.5%	0.0	0.0%	0	yes	19	1.5	1	1.8%	yes	yes	yes	Freshpoint	Code 78552; Case UPC 680-31317-85520- 5. 100% vegetable	9/4/13	х	Х	

									FF	RUITS	AND VE	ETABL	.ES											
	ID VEGETABLE			ingredients exc added fats (inc	ept water o	or that are	e packed in 10 ered fat subs	00 percent jui titutes; and c	ice, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in ble. These food	all without gredients e Is are iden	added arti except wat tified in the	ficial swee	eteners, nor contain no		ners or sugar alc	ohols and no	EXEMPTIONS whole fruits or vegetable pier	S TO SUGAR STANDARDS r vegetables, dried whole fru ces and dehydrated fruits or Il without added sweetener	iit or	RECOI Choos	TER CHO MMENDA ee product meet all mmendati	TIONS ts that
and dried	, , ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	Nutrient Standards No artificial sweeteners, nonnutritive sweeteners or sugar alcohols altered fat substitutes No chemically hydrogenated oils Standard Calories Fat (g)															teners, nonnutritive sweeter	,	rs or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)			from Saturated				Fiber (g)			Standard Met?		Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of
Robert's Precut Vegetables, Inc.	Broccoli Florets, 2 oz bag	2 oz	57	FG	19	0.20	9.5%	0.0	0.0%	0	yes	19	1.5	1	1.8%	yes	yes	yes	Freshpoint	Code 78533; Case UPC 680-31317-85530- 5. 100% vegetable .	8/23/13	X	X	
Robert's Precut Vegetables, Inc.	Cantaloupe Chunks, 2 oz bag	2 oz	57	FG	19	0.10	4.7%	0.0	0.0%	0	yes	9	0.5	4.5	7.9%	yes	yes	yes	Freshpoint	Code 32239; Case UPC 680-31313-22390- 5. 100% fruit.	8/23/13	X	X	
Robert's Precut Vegetables, Inc.	Carrot and Celery Sticks, 2 oz	2 oz	57	FG	20	0.10	4.5%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 78710; Case UPC 680-31317-87100- 5. 100% vegetable	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Carrot Coins, 2 oz bag	2 oz	57	FG	23	0.10	3.9%	0.0	0.0%	0	yes	39	1.6	2.6	4.6%	yes	yes	yes	Freshpoint	Item 33865; Case UPC 680-31313-38650-5. 100% vegetable.	8/26/13	Х	Х	
Robert's Precut Vegetables, Inc.	Cauliflower Florets, 2 oz bag	2 oz	57	FG	14	0.00	0.0%	0.0	0.0%	0	yes	17	1.4	1.4	2.5%	yes	yes	yes	Freshpoint	Code 12345; Case UPC 680-31311-23450- 5. 100% vegetable.	8/26/13	Х	Х	
	Celery Sticks, 2 oz																			Code 787310; Case UPC 680-31317-87310-				
Vegetables, Inc.	bag	2 oz	57	FG	8	0.00	0.0%	0.0	0.0%	0	yes	45	0.9	1	1.8%	yes	yes	yes	Freshpoint	5. 100% vegetable.	8/26/13	Х	Х	

									FF	RUITS	AND VE	ETABL	.ES											
	ID VEGETABLE			ingredients exc added fats (inc sugar for proce General	cept water o	r that are	e packed in 1 tered fat subs	00 percent jui stitutes; and c	ce, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added ir ole. These foo	all without	added art except wat tified in the	ificial sweeter or that	eteners, nor contain no	ept water; canne nutritive sweeter added ingredient	ners or sugar ald	cohols and no	whole fruits o	S TO SUGAR STANDARDS r vegetables, dried whole fru ces and dehydrated fruits or	it or	RECO Choos	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
and dried	resh, frozen, ca	inned		Standards 1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables, a	Il without added sweeteners teners, nonnutritive sweeten	s (including	or colors	corn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose c	At least 2.5 grams
Robert's Precut Vegetables, Inc.	Cherry Tomatoes, 2 oz bag	2 oz	57	FG	17	0.00	0.0%	0.0	0.0%	0	yes	0	0	0	0.0%	yes	yes	yes	Freshpoint	Code 78571; Case UPC 680-31317-85710- 5. 100% vegetable.	8/26/13	Х	Х	
Robert's Precut Vegetables, Inc.		2 oz	57	FG	9	0.00	0.0%	0.0	0.0%	0	yes	1	1	0.9	1.6%	yes	yes	yes	Freshpoint	Code 78711; Case UPC 680-31317-87110- 5. 100% vegetable	9/4/13	Х	Х	
Robert's Precut Vegetables, Inc.	Fruit Salad (Honeydew, Cantaloupe, Pineapple, Red Grapes), 2 oz bag	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	3	0.9	6	10.6%	yes	yes	yes	Freshpoint	Code 78426; Case UPC 680-31317-84260- 5. 100% fruit.	8/23/13	Х	Х	
	Grape Tomatoes and Baby Carrots, 2 oz	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 50507; Case UPC 680-31315-05070- 5. 100% vegetable	9/4/13	Х	Х	
Robert's Precut Vegetables, Inc.	Grape Tomatoes, 2	2 oz	57	FG	9	0.10	10.0%	0.0	0.0%	0	yes	3	0.6	1.37	2.4%	yes	yes	yes	Freshpoint	Code 78572; Case UPC 680-31317-85720- 5. 100% vegetable	8/29/30	Х	Х	
Robert's Precut Vegetables, Inc.	Grapefruit wedges with skin, 4 oz	4 oz	113	FG	36	0.10	2.5%	0.0	0.0%	0	yes	0	1.2	7.9	7.0%	yes	yes	yes	Freshpoint	Code 08223; Case UPC 680-31310-82230- 5. 100% fruit.	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Green Grapes, 2 oz bag	2 oz	57	FG	39	0.00	0.0%	0.0	0.0%	0	yes	1	0.5	8.8	15.5%	yes	yes	yes	Freshpoint	Code 78536; Case UPC 680-31317-85360- 5. 100% fruit.	8/26/13	х	X	

									FF	RUITS	AND VEC	SETABL	.ES											
	ID VEGETABLE	•		ingredients exc added fats (inc sugar for proce General	cept water o	r that are	e packed in 1 tered fat subs	00 percent jui	ce, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in ole. These food	all without	added art except wat tified in the	ificial sweeter or that	eteners, nor contain no a	ept water; canne nutritive sweeter added ingredient	ners or sugar ald	cohols and no	whole fruits or	S TO SUGAR STANDARDS r vegetables, dried whole fru ces and dehydrated fruits or	iit or	RECO Choos	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
and dried	resh, frozen, ca	nned		Standards 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables, a	Il without added sweeteners teners, nonnutritive sweeten	s (including	or colors	corn syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose c	At least 2.5 grams
Robert's Precut Vegetables, Inc.	Green Pepper Strips, 2 oz bag	2 oz	57	FG	11	0.00	0.0%	0.0	0.0%	0	yes	2	1	1.4	2.5%	yes	yes	yes	Freshpoint	Code 78701; Case UPC 680-31317-87010- 5. 100% vegetable.	8/26/13	Х	Х	
Robert's Precut Vegetables, Inc.	Green Squash Slices, 2 oz bag	2 oz	57	FG	10	0.20	18.0%	0.0	0.0%	0	yes	5	0.6	1.4	2.5%	yes	yes	yes	Freshpoint	Code 60419; Case UPC 680-31316-04190- 5. 100% vegetable .	8/26/13	Х	Х	
Robert's Precut Vegetables, Inc.	Honeydew Chunks, 2 oz bag	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	10	0.5	4.6	8.1%	yes	yes	yes	Freshpoint	Code 78522; Case UPC 680-31317-85220- 5. 100% fruit.	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Orange Wedges, 4 oz	4 oz	113	FG	53	0.10	1.7%	0.0	0.0%	0	yes	0	2.7	10.6	9.3%	yes	yes	yes	Freshpoint	Code 14707; Case UPC 680-31311-47070- 5. 100% fruit .	8/28/13	х	X	
	Pineapple Spears, 2	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	1	0.8	5.6	9.9%	yes	yes	yes	Freshpoint	Code 78715; Case UPC 680-31317-87150- 5. 100% fruit .	8/28/13	X	x	
	Radishes, Sliced, 2 oz		57	FG	9	0.00	0.0%	0.0	0.0%	0	yes	22	0.9	1.2	2.1%	yes	yes	yes	Freshpoint	Item 49540; Case UPC 6-80314-95400-5.	8/26/13	X	X	
Robert's Precut	Red Grapes, 2 oz bag	2 oz	57	FG	39	0.00	0.0%	0.0	0.0%	0	yes	1	0.5	8.8	15.5%	yes	yes	yes	Freshpoint	Code 78535; Case UPC 680-31317-85350- 5. 100% fruit.		X	X	

									FF	RUITS	AND VE	ETABL	.ES											
	ID VEGETABLE	*		ingredients exc	ept water o	or that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, ith no added in ble. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne inutritive sweeter added ingredients	ners or sugar ald	ohols and no	EXEMPTION: whole fruits or vegetable pier	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits or	uit or r	RECO Choos	TER CHO MMENDA e product meet all mmendati	TIONS ts that
and dried	,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).	, ,	s or colors	corn syrup	ns of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose	At least 2.5 gram
Robert's Precut Vegetables, Inc.	Snow Pea Pods, 2 oz	2 oz	57	FG	24	0.10	3.8%	0.0	0.0%	0	yes	2	1.5	2.3	4.1%	yes	yes	yes	Freshpoint	Code 44285; Case UPC 680-31314-42850- 5. 100% vegetable	8/29/30	Х	Х	
Robert's Precut Vegetables, Inc.	Sugar Snap Pea Pods, 2 oz	2 oz	57	FG	24	0.10	3.8%	0.0	0.0%	0	yes	2	1.5	2.3	4.1%	yes	yes	yes	Freshpoint	Code 46125; Case UPC 680-31314-61250- 5. 100% vegetable	8/29/30	X	x	
Robert's Precut Vegetables, Inc.	Tri Pepper Strips (Green, Red and Yellow), 2 oz	2 oz	57	FG	14	0.20	12.9%	0.0	0.0%	0	yes	1	1.2	2.4	4.2%	yes	yes	yes	Freshpoint	Code 78680; Case UPC 680-31317-86800- 5. 100% vegetable	8/29/30	x	x	
	Dry Roasted Edamame, Lightly Salted, 1 oz	1 oz	28	FG	120	3	22.5%	0.5	3.8%	0	yes	0	8	<1	0.0%	yes	yes	yes	Green Nature Marketing	UPC 7-11575-00787-4; Case UPC 207-11575 00787-1	8/15/14	X	X	Х
Seapoint Farms	Dry Roasted Edamame, Spicy Wasabi, 1 oz	1 oz	28	FG	120	3.5	26.3%	0.5	3.8%	0	yes	0	7	1	3.5%	yes	yes	yes	Green Nature Marketing	UPC 7-11575-00785-0; Case UPC 207-11575 00785-7	8/15/14	X	X	Х
Sensible Foods, LLC	Apple Harvest Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	16	75.2%	yes	yes	yes	UNFI	UPC 6-00760-00032-8. 100% fruit, no added sugars.	8/5/13	х	X	

									FF	RUITS	AND VEC	SETABL	.ES											
	ID VEGETABLE	•		ingredients exc added fats (inc sugar for proce General	cept water o	r that are	e packed in 1 ered fat subs	00 percent jui	ce, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in le. These food	all without	added art except wat tified in the	ificial swe	eteners, nor contain no	ept water; canne nnutritive sweeter added ingredient	ners or sugar ald	cohols and no	whole fruits or	S TO SUGAR STANDARDS r vegetables, dried whole fru ces and dehydrated fruits or	it or	RECO Choos	TER CHO MMENDA se produc meet all mmendat	ATIONS cts that
including f and dried	resh, frozen, ca	nned		Standards 1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	vegetables, al	Il without added sweeteners teners, nonnutritive sweeten	s (including	or colors	com syrup	of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose α	At least 2.5 grams
Sensible Foods,	Cherry Berry Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	84	0.0	0.0%	0.0	0.0%	0	yes	56	2	14	65.8%	yes	yes	yes	UNFI	UPC 6-00760-00021-2. 100% fruit, no added sugars.	8/5/13	X	X	
Sensible Foods,	Fuji Apple Crunch Dried Fruit, 0.42 oz	0.75 oz	21	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	0.6	9	42.3%	yes	yes	yes	Vistar	UPC 6-00760-00224-7. 100% fruit, no added sugars.	8/5/13	X	X	
Sensible Foods, LLC	Orchard Blend Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	1	15	70.5%	yes	yes	yes	UNFI	UPC 6-00760-00023-6. 100% fruit, no added sugars.	8/5/13	Х	Х	
Sensible Foods, LLC	Roasted Edamame Crunch Dried Snack, 0.75 oz	0.75 oz	21	FG	87	3.25	33.6%	0.5	5.2%	0	yes	105	5	1	4.7%	yes	yes	yes	UNFI	UPC 6-00760-00215-5. 100% dried vegetable, no added fat.	8/5/13	х	X	Х
Sensible Foods,	Strawberry Banana Crunch Dried Fruit, 0.42 oz	0.75 oz	21	FG	44	0.0	0.0%	0.0	0.0%	0	yes	0	1	7	32.9%	yes	yes	yes	Vistar	UPC 6-00760-00224-7. 100% fruit, no added sugars.	8/5/13	Х	Х	
Sensible Foods, LLC	Sweet Corn Crunch Dried Snack, 0.42 oz	0.42 oz	12	FG	40	1.0	22.5%	0.0	0.0%	0	yes	21	2	4	33.6%	yes	yes	yes	Vistar	UPC 6-00760-00211-7. 100% dried vegetable.	8/5/13	X	X	

LIST 11 FRUITS AND VEGETABLES

									FI	RUITS	AND VE	SETABL	.ES											
	D VEGETABLE	•		ingredients exc	ept water o luding chem	r that are	e packed in 1 tered fat subs	00 percent jui	ice, extra lig anned vege	ht syrup tables wi	or light syrup, th no added in le. These food	all without gredients e	added arti except wat tified in the	ficial swee	eteners, nor contain no	ept water; canne nutritive sweeter added ingredient	ners or sugar ald	ohols and no	EXEMPTION: whole fruits or vegetable pie	S TO SUGAR STANDARDS vegetables, dried whole fruces and dehydrated fruits on	uit or r	RECO Choos reco	TER CHC MMENDA se produc meet all mmendat	ATIONS cts that
and dried	, ,			1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		Il without added sweetener teners, nonnutritive sweeter s).		or colors	corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams
Sensible Foods, LLC	Sweet Corn Crunch Dried Snack, 0.75 oz	0.75 oz	21	FG	70	1.0	12.9%	0.0	0.0%	0	yes	37	3	7	32.9%	yes	yes	yes	UNFI	UPC 6-00760-00041-0. 100% dried vegetable.	8/5/13	Х	Х	Х
Sensible Foods, LLC	Tropical Blend Crunch Dried Fruit, 0.42 oz	0.42 oz	12	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	0.6	6	50.4%	yes	yes	yes	Vistar	UPC 6-00760-00222-3. 100% fruit, no added sugars.	8/5/13	Х	Х	
Sensible Foods, LLC	Tropical Blend Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	16	75.2%	yes	yes	yes	UNFI	UPC 6-00760-00022-9 100% fruit, no added sugars.	8/5/13	Х	Х	
Simplot	Infinity 10-Cut Wedge,2.68 oz frozen (1/2 cup cooked)	2.68 oz	76	FG	113.28	3.1	24.3%	0.44	3.5%	0.04	yes	205.14	1.91	0.15	0.2%	yes	yes	yes		Product Code 100- 71179-47005-2	8/19/13	Х	X	Х
Simplot	Infinity 3/8" Crinkle Cut French Fry, 2 oz frozen (1/2 cup cooked)	2 oz	57	FG	105.42	3.74	31.9%	0.36	3.1%	0.02	yes	153.42	1.38	0	0.0%	yes	yes	yes	Sysco CT, Thurston	Product Code 100- 71179-00052-5. Approval is for BAKED product only. 2 oz frozen product equals 1/2 cup serving.	8/13/13	X	X	

									Fi	RUITS	AND VE	SETABL	ES.											
	ND VEGETABLE	General Nutrient Standards wt													EXEMPTIONS whole fruits or vegetable piece	EXEMPTIONS TO SUGAR STANDARDS: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or			TER CHC MMENDA se produc meet all mmendat	ATIONS ets that				
and dried		1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤2 30 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		I without added sweetener eners, nonnutritive sweeter s).	,	s or colors	corn syrup	s of fiber		
Manufacturer	Food Item	Package or Serving Size	Weight (g	General Standard) Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors	No high fructose corn syrup	At least 2.5 grams of fiber
Simplot	Infinity 3/8" Straight Cut Fries, 2.5 oz frozen (1/2 cup cooked)	2.5 oz	71	FG	112.94	3.4	27.4%	0.52	4.1%	0.01	yes	196.16	1.82	0.15	0.2%	yes	yes	yes	Sysco CT	Product Code 100- 71179-00070-9. Approval is for BAKED product only. 2.5 oz frozen product equals 1/2 cup serving.	8/13/13	X	x	X
Tasty Brands	Oven Ready Whole Grain Breaded Green Beans (25 pieces), 2.75 oz	2.75 oz	78	FG and WGR	140	4.5	28.9%	0.5	3.2%	0	yes	170	3	2	2.6%	yes	yes	yes	Sysco, Thurston	Code 33501; UPC 008- 1 52777-00239-4	11/20/14	X	Х	Х
Tasty Brands	Oven Ready Whole Grain Breaded Okra, 3.2oz	3.2 oz	91	FG and WGR	180	7	35.0%	1.0	5.0%	0	yes	220	4	2	2.2%	yes	yes	yes	Sysco, Thurston	Code 33501; UPC 008- 52777-00211-0	4/6/15	X	X	X
Tasty Brands	Oven Ready Whole Grain Breaded Onion Rings (5 pieces), 2.69 oz	2.69 oz	76	FG and WGR	210	8	34.3%	1.5	6.4%	0	yes	230	3	5	6.6%	yes	yes	yes	Sysco, Thurston	Code 33504; UPC 008- 52777-00252-0	11/20/14	X	X	х
That's It	Apple and Cranberry Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	0	3	11	32.3%	yes	yes	yes	Food For Thought Brokerage	Item 1022ACRAN; UPC 8-50397-00427-7; Case UPC 108-50397- 00428-3	11/10/14	X	X	х
That's It	Apple and Raisin Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	0	2	11	32.3%	yes	yes	yes	Food For Thought Brokerage	Item 1022AR; UPC 8- 50397-00425-5; Case UPC: 108-50397-00426 9	11/10/14	Х	Х	х
Zanni Ani Organic Snacks, LLC	Freeze Dried Blackberries, 0.46 ounce	0.46 oz	13	FG	50	0.5	9.0%	0	0.0%	0	yes	0	6	8	61.3%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86117-7. 100% fruit, no added ingredients.	1/9/14	Х	Х	

	FRUITS AND VEGETABLES															_								
FRUITS AND VEGETABLES, including fresh, frozen, canned and dried				General Nutrient Standards will very very very very very very very very									EXEMPTIONS TO SUGAR STANDARDS: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all without added sweeteners (including			RECO! Choos	TER CHO MMENDA [*] e product meet all mmendati	TIONS ts that						
				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories <0.5		No partially hydrogenated oils	≤230 mg		≤15 g	≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	artificial sweeteners, nonnutritive sweeteners and sugar alcohols).				corn syrup	s of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavor	No high fructose corn syrup	At least 2.5 grams of
Zanni Ani Organic Snacks, LLC	Freeze Dried Grapes, 0.46 ounce	0.46 oz	13	FG	45	0	0.0%	0	0.0%	0	yes	0	1	11	84.3%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86713-9. 100% fruit, no added ingredients.	1/9/14	X	X	
Zanni Ani Organic Snacks, LLC	Organic Freeze Dried Apples, 0.37 ounce	0.37 oz	10	FG	35	0	0.0%	0	0.0%	0	yes	10	1	7	66.7%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86712-2. 100% fruit, no added ingredients.	1/9/14	X	X	
Zanni Ani Organic Snacks, LLC	Organic Freeze Dried Bananas, 0.53 ounce	0.53 oz	15	FG	60	2.5	37.5%	0	0.0%	0	yes	0	1	8	53.2%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86715-3. 100% fruit, no added ingredients.	1/9/14	X	X	
Zanni Ani Organic Snacks, LLC	Organic Freeze Dried Mango, 0.46 ounce	0.46 oz	13	FG	50	0	0.0%	0	0.0%	0	yes	0	2	16	122.7%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86716-0. 100% fruit, no added ingredients.	1/9/14	Х	Х	
Zanni Ani Organic Snacks, LLC	Organic Freeze Dried Raspberries, 0.46 ounce	0.46 oz	13	FG	50	0.5	9.0%	0	0.0%	0	yes	0	3	9	69.0%	yes	yes	yes	Zanni Ani Organic Snacks, LLC	UPC 6-61799-86710-8. 100% fruit, no added ingredients.	1/9/14	Х	Х	

									FF	RUITS	AND VE	SETABL	.ES												
	ID VEGETABLE		EXEMPTIONS: The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column. General Standards Standards											EXEMPTIONS TO SUGAR STANDARDS: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or				TER CHC MMENDA se produc meet all mmendat	TIONS ets that						
and dried				1) Whole Grain- Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤230 mg			≤35% by	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine		,	ners, nonnutritive sweeteners and				
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavo	No high fructose corn syrup	At least 2.5 grams	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Orange, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00501-2. 100% dried fruit, no added sugars.	7/31/15	X	Х		
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Lemon, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00506-7. 100% dried fruit, no added sugars.	7/31/15	X	x		
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Peach, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00502-9. 100% dried fruit, no added sugars.	7/31/15	X	X		
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Pineapple, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00507-4. 100% dried fruit, no added sugars.	7/31/15	X	Х		
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Strawberry, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00503-6. 100% dried fruit, no added sugars.	7/31/15	X	Х		